



January 2020

Dear Parent or Guardian,

We are excited that your child is attending camp at The Center for Courageous Kids in Scottsville, Kentucky. The safety and health of your child is our top priority. Each summer, we take extra safety measures to limit contact with influenza like illnesses, such as seasonal flu and swine flu. The Center for Courageous Kids has initiated a process to maintain a healthy camp environment. Some of our protective measures include:

- Health screening of all children during the camp check-in process.
- Mandatory hand washing in the dining hall prior to each meal.
- Cleaning all community areas (door knobs, light switches, bath fixtures, etc.) where multiple hands touch daily.
- Complying with all guidelines from the Center for Disease Control (CDC), the American Camping Association (ACA), and the Association of Camp Nurses (ACN).
- Educating staff weekly regarding illness prevention (i.e. hand hygiene, rest, hydration, monitoring campers).

We are asking you to help us make camp a safe and healthy place for all children by assisting in the following way:

- For the safety and health of your camper, we need to be aware of any recent health issues that may have occurred since you completed the online health application. Please contact Nurse Hannah ([hreckart@courageouskids.org](mailto:hreckart@courageouskids.org)) at extension 287 or Dr. Amy ([amashburn@courageouskids.org](mailto:amashburn@courageouskids.org)) at extension 275 to discuss any recent changes in your camper's condition. **If your child has been hospitalized within 4 weeks of camp, we will need to ensure that they are still medically capable of attending camp.**
- Our camp asks that campers and staff **arrive in good health.** *If your child has symptoms of flu such as fever, cough or sore throat, please keep your child at home.* Influenza infection can also lead to additional symptoms like headache, tiredness, runny or stuffy nose, body aches, chills, diarrhea, and vomiting. Seasonal flu and H1N1 infection can vary from mild to severe.
- For the health and safety of ALL campers, if any child/camper exhibits symptoms listed above while at camp, he/she will be separated from other children and evaluated on an individual basis. You or an emergency contact will be called and you may be asked to take your camper home from camp early.

The camp is taking every possible precaution to limit exposure to infectious illnesses and create a safe and healthy environment for your camper. If you have any questions, or require additional information, please contact us.

Sincerely,

CCK Medical Team